

Broxbourne CE Primary School Newsletter



Summer Term Issue 3

1st May 2026



HEADTEACHER UPDATE

Thank you to my colleagues for standing in across the second half of this week in my absence – athletics is supposed to be good for you...! I am told there has been a sense of energy, achievement, and togetherness across our school community this week, with much to celebrate.

First and foremost, huge congratulations to our very own Becky Watson for completing last Sunday's London Marathon. What an extraordinary achievement. A tremendous amount of effort, resilience, and commitment goes into training for such an undertaking, and Becky, we are incredibly proud of you. Very well done on staying the course and completing all 26.2 miles. We hope that your legs are recovering well and that your feet are not too sore. Mr Tuckwell, we understand, also took on the challenge. Congratulations and similarly so to any other Broxbourne parents or family members who completed this amazing feat.

Marathon spirit certainly gripped the country last weekend, and here at Broxbourne, our own running journey begins today. We are very much looking forward to the 12th edition of the Broxbourne Todd Waldock Memorial Run, which takes place on Friday, 15th May, just two weeks from now.

This is always one of the highlights of the school year as the entire school, one class at a time, takes on the challenge of running a mile around the school grounds. It is a very special occasion and a moment when our school is at its very best, with courage, perseverance, encouragement, and community spirit shining brightly. Please do make a note of this special morning in your diaries. Through this event, we also raise valuable funds for our PTA, and this support makes a genuine difference to our school. Please do post a message of encouragement and good luck to your child, their class, or indeed to all of our runners and donate through this link:

<https://www.givey.com/toddwaldockmemorialrun2026>

Thank you for your support in advance and enthusiasm on the day.

Dream, Believe and Achieve with God

Tel: 01992 462419 website: www.broxbourne-pri.herts.sch.uk
Fax: 01992 462419 email: office@broxbourne-pri.herts.sch.uk



A big well done goes to our Kingfisher Council and Mrs Andrews for organising the penalty shoot-outs during break times on Monday and Tuesday this week. Thanks to their efforts, and the exuberant support of our children, further funds were raised for the British Red Cross. Thank you to everyone who took part and supported this.

We hope that our Year 1 parents found Wednesday evening's phonics meeting useful and informative. For those who were unable to join us, the PowerPoint presentation has been shared for reference.

We were also delighted to welcome Vicky Emsley from Jubilee Church and Reverend David from St Augustine's Church on Thursday to speak to and be interviewed by our younger children. It is always a joy to hear different perspectives on faith and to deepen understanding in meaningful ways. Experiences such as these enrich our children's religious literacy and encourage thoughtful reflection. Thank you both for giving your time so generously and for your warm interactions with our children.

Well done to our Year 3 and Year 4 football and netball teams, who represented the school superbly this morning on both the court and the astroturf. All four teams gave an excellent account of themselves, demonstrating great determination, teamwork and sportsmanship throughout. A special thank you to Miss Hawthorne, Mrs Davidson, Mrs Pedlar and Mr Wilson for accompanying the teams and making these valuable opportunities possible. We are delighted to share that our A football team won the tournament, bringing home gold medals, while our B team finished in a commendable 7th place. Both of our netball teams also performed brilliantly, each securing 4th place. Very well done to all involved!

We also hope that our EY2, Year 1, and Year 2 children thoroughly enjoyed their tennis taster sessions today, delivered by Broxbourne Tennis Club. A special thank you goes to Coach Millie for coming in and introducing the children to the wonderful game of tennis with such enthusiasm and encouragement. Details of how to explore tennis further are detailed below.

We are aware that a number of our children are involved in sporting tournaments this weekend. We wish each one of them the very best of luck and hope that they enjoy the experience.

As a school rooted in Christian values, it is fitting to remember these words:

Be devoted to one another in love. Honour one another above yourselves.
Romans 12:10

Respect, kindness, and encouragement are values that shine through in so much of what our children do each day, whether in sport, learning, worship, or friendship.



What a blessing it is to see children running, learning, competing, exploring faith, and cheering one another on. There is great joy in community, great joy in shared purpose, and great joy in watching children flourish. Thank you to you all for everything each of you contributes.

May your three-day Bank Holiday weekend be wonderful, and we hope that the sunshine continues to shine brightly for you all.

Best wishes Paul Miller

OUR SPORTING SUPERSTARS





WELL DONE

FOR SMASHING IT AT OUR TENNIS TASTER TODAY!

If you're interested in continuing your tennis journey join our afterschool club running at your school!

Our session runs:

THURSDAY 3-3:45

The sessions are the perfect way to improve technique, co-ordination and basic understanding of tactics all while having fun!



**To book on email: info@btatenniscoaching.com
or visit www.btatenniscoaching.com/schools**

HOUSE POINT LEADERS

This week's winners are.....

Red Squirrels



REMINDER: The House that wins the House Cup for the greatest number of weeks each term will enjoy a non-uniform day in the final week of term. The children should wear an item of clothing in their house colour!



THE BROXBOURNE TODD WALDOCK MEMORIAL RUN

FRIDAY, 15th MAY

We are hugely excited that on Friday, 15th May it is once more time for The Todd Waldock Memorial Run. Todd was a wonderful young man who sadly passed away following a brave battle with leukaemia across several years. Upon his passing, the school's annual fun run was named in his memory.

This will be our eleventh year of this special event and it is always one of the highlights of the year. The camaraderie, energy, and encouragement evident across the morning as each class take on the challenge of running a mile (a little less for little legs!) within the school grounds is our school community at its best. In taking on this challenge, our children epitomise the values and determination that Todd himself showed in his life.

Please do share the link here with family and friends and post this on your social media and select Gift Aid when pledging your donation and supportive message, since this will boost the amount donated without additional cost to yourself.

[Todd Waldock Memorial Run 2026 - Online Social Fundraising Donation Platform | Givey](#)

Thank you.





Colour Run

Sunday 17th May 2026

Back by popular demand - fun for the whole family!

Returning to the beautiful grounds of Hertford Prep (formerly St Joseph's in the Park), take on the 2.5km course, where you'll be showered in vibrant bursts of colour powder along the way!


By the finish line, you'll be covered head to toe in a rainbow of colour creating an unforgettable experience for everyone.

This is a challenge that everyone can take part in - whether you walk, jog or run, everyone feels a sense of achievement and has the opportunity to make a difference.

With your support, Teens Unite can improve the lives of more teenagers and young adults living with, and beyond, cancer.

 Hertford Prep,
Hertingfordbury,
SG14 2LX

 10am

 Adults - £12
Children - £10
Family - £40
(2 adults and 2 children)

To sign up, or for further information:

T: 01992 440091

W: www.teensunite.org/events

E: events@teensunite.org

Scan the QR code!



www.teensunite.org

Registered Charity Number: 1118361

teens:unite
FIGHTING CANCER

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

MANAGING EXAM STRESS

At some point in their education, most young people will encounter exam stress, which can affect their mental, emotional, and physical wellbeing. Mental health charity YoungMinds estimates that 87% of pupils experience exam-related stress. This highlights the importance of supporting young people to manage exam pressure effectively, maintain perspective, and protect their overall wellbeing during these periods.

1 PRACTISE WORKLOAD WISDOM

The build-up to exams can feel overwhelming, with competing demands on time and energy. Encourage young people to reflect on whether their workload is realistic and allows them time to rest and recharge. Support them in creating a manageable revision timetable that includes regular breaks and occasional days off. Remind them that plans can be adjusted if they feel overwhelmed, helping to reduce the pressure and prevent burnout.

2 CLEAR UP THE CLUTTER

A cluttered workspace can reduce focus and increase stress levels. Encourage young people to keep their study area tidy and organised, with clearly arranged notes and materials. A calm, dedicated space can support concentration and create a more relaxed mindset. Adding colour, mind maps, or creative elements can also make revision feel less daunting and more manageable.

3 MASTER THE MATERIALS

Revision can feel particularly stressful if young people are unsure where to begin. Help them confirm key study topics and materials, ensuring they're using accurate and relevant resources. Reducing uncertainty can help them feel more in control of their learning. Reassure them that they don't need to know everything perfectly, as building their understanding over time is what matters most.

4 GET CREATIVE WITH NOTES

Writing out detailed notes, rather than relying only on bullet points, can strengthen their understanding and retention. Encourage young people to turn these notes into flashcards for regular review and repetition. Feeling familiar with their material can boost their confidence and reduce anxiety during exams. This approach can help them feel more prepared and less likely to panic under pressure.

5 USE VISUAL MEMORY AIDS

Visual resources can make learning more effective and reduce their frustration when information feels difficult to grasp. Encourage the use of diagrams, videos, sticky notes, and colour coding to reinforce key ideas. Creating simple mnemonics can also make information easier to remember. Using a variety of methods can help prevent mental fatigue and keep revision feeling fresh and manageable.

6 BUILD A TECH TOOLKIT

Technology can be a valuable supporting tool during exam preparation when used in a balanced way. Educational websites, revision platforms, and subject-specific videos can help explain complicated topics clearly, reducing the risk of confusion or stress. Encourage young people to use these tools to support – rather than overwhelm – their learning, and to take regular breaks from their screens to protect their wellbeing.

7 KEEP REVISION ENJOYABLE

Revision is often more effective when it feels engaging and varied. Encourage young people to incorporate humour, real-life examples, or creative approaches into their learning. Mixing study methods, including light physical activity such as short walks, can also improve their mood and focus. Enjoyable revision experiences can help reduce stress and make the process feel more positive and sustainable.

8 USE ACTIVE STUDY METHODS

Active revision techniques can help young people feel more confident and in control of their learning. Strategies such as spaced repetition and active recall, including self-testing or explaining concepts aloud, can highlight both their strengths and areas for improvement. This clarity can reduce last-minute panic and support a calmer, more prepared approach to exams.

9 USE AI THOUGHTFULLY

AI tools can support revision by making learning more personalised and manageable. Young people can use them to generate practice questions, summarise information, or break down topics into simpler steps. Used carefully, these tools can reduce overwhelm and save time. Remind young people to check AI information with trusted sources to ensure its accuracy and build confidence in their understanding.

10 PRACTISE WITH ONLINE TOOLS

Online revision platforms can help young people test their knowledge and track their progress. Many offer quizzes, flashcards, and practice papers aligned with exam boards. Encourage regular self-testing – including timed activities – to build up familiarity with exam conditions. Becoming more comfortable with the format of exams can reduce anxiety and help young people approach them with greater confidence.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of Social Enterprise UK's 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



See full reference list on our website

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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REMINDER: YEAR 1 TRIP TO SHEPRETH WILDLIFE PARK

Thursday, 7th May

Please meet at St Augustine's Church at 8.40am.



KINGFISHER COUNCIL—A BIG THANK YOU!

Thank you to everyone who took part in our Kingfisher Council Penalty Shoot Out this week. Your generosity and enthusiasm raised an amazing £125 for our chosen charity, The British Red Cross.



BIRTHDAY BOOK THANK YOU

Noah—Year 6—Finn's Epic Fails

Mrs Mills—Member of Staff—Molly the Mole &
The Tooth Fairy & the Crocodile

REMINDER: Birthday books should be new and age appropriate for the year your child is currently in.

We hope you both had a lovely day!

If you wish to donate a birthday book, please send in via your child and we will put in the library for everyone to enjoy. Thank you.