

Broxbourne CE Primary School Newsletter



Spring Term Issue 9

13th March 2026



HEADTEACHER UPDATE

It has been a joyful and eventful week in our school community, and there is much to celebrate and share.

First of all, it was fantastic to hold our orienteering course launch day on Thursday for EY2 to Year 6. Although the wind was certainly lively, it was wonderful to see the children zooming around the school site, navigating the new course with enthusiasm and great big smiles. Their energy and excitement were a pleasure to witness. Later in the day, staff also took part in a CPD session to experience the course themselves. By the end there were certainly a few dishevelled hairstyles and windswept faces, but plenty of enjoyment too!

We are looking forward to building this into our learning across the Summer Term, with sessions beginning over the next couple of weeks and being integrated across the whole curriculum. Thank you to our PTA for generously funding the course and making this opportunity possible for our children.

Thank you also to our PTA for organising today's Mother's and Significant Others Gift Sale. It is always delightful to give our children the chance to choose a special gift for their mothers and other significant people in their lives ahead of this Sunday. We hope that everyone celebrating has a wonderful day. Thank you to all who donated and helped out today.

The PTA are also busy once again this evening as they host the school disco. It promises to be a lively event where children (and parents of our younger children!) can throw a few shapes and show off their best dance moves. We hope everyone attending has a fantastic time.

A reminder that the Early Years and Key Stage 1 disco requires a parent to stay with Early Years children throughout the event. Please also remember our procedures regarding mobile phones. Children should not bring mobile phones to the event. If parents need to use a mobile phone, this should be off the school site, and photographs are not permitted.

Dream, Believe and Achieve with God

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Our recent run of sporting success continues ... Following last week's indoor athletics achievements, I am delighted to share that our Year 5 and Year 6 football A Team are this year's District Football Champions. This is a remarkable accomplishment and something that we cannot remember happening in recent years. In fact, it has been at least eight years since the school last achieved this title.

The tournament itself was dramatic. Our team progressed through the semi-final after sudden death penalties and then secured victory in the final with another penalty shootout, just edging past Sheredes on this occasion. Congratulations to every player who represented the school so brilliantly. It is a wonderful testament to the way sport is valued and prioritised within our school community.

As we reflect on the many opportunities our children experience each day to learn, play, compete, create, and grow in themselves as people, we are reminded of the wonderful gift of life and the many different paths and moments it holds:

"For everything there is a season, and a time for every activity under the heavens."

— Ecclesiastes 3:1

May the coming weeks be filled with inspiring learning, new experiences, and moments of discovery for all of our children.

Finally, the Six Nations rugby tournament concludes this weekend. It has not been a vintage campaign for England, but there is always next year to look forward to.

We wish all our families a restful and enjoyable weekend, and thank you as always for your continued support of our school.

Best wishes Paul Miller





Happy Easter!
25th of March

MAIN MENU

Spring Roast Chicken
Served with Sage
& Onion Stuffing
& Gravy

or

Shepherdess Pie (Ve)

or

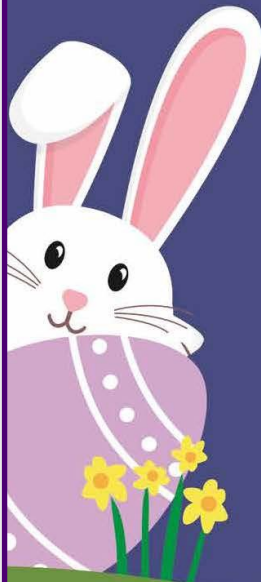
Veggie Bangers
& Gravy (Free From*)

SERVED WITH

New Potatoes
Honey Roasted Vegetables
Steamed Cabbage

DESSERT

Carrot Cake
or
Shortbread



@hclcatering

www.hcl.co.uk

Menus are subject to change due to supplier stock availability. * Free from the key 14 allergens and plant based/vegan

REMINDER: PTA PYJAMA DAY – FRIDAY 20TH MARCH

The PTA will be holding a Pyjama Day on Friday 20th March. Children are invited to come to school wearing their pyjamas for the day.

We kindly ask for a £1 donation per child, which can either be paid on the day or via the PTA Hub.

Thank you for your continued support of the PTA.





EASTER HOLIDAY GIRLS' FOOTBALL CAMP

Goffs Oak Girls Football Club will be running a Football Camp during the Easter holidays and would like to extend the invitation to girls from our school.

Children attending from our school will receive a 10% discount on the cost of the camp. The club has also kindly offered to support low-income families, so please do get in touch with them if cost may be a barrier.

This is a great opportunity for girls who enjoy football, or who would like to try it for the first time, to develop their skills and have fun during the holidays.

Further details and booking information can be obtained directly from the football club.

GOFFS OAK GIRLS
EASTER CAMP

AGE 5-16

1ST & 8TH APRIL

GOFFS-CHURHGATE
college road EN8 9LY

call or text
07738128148

£25 each day or £45 for both

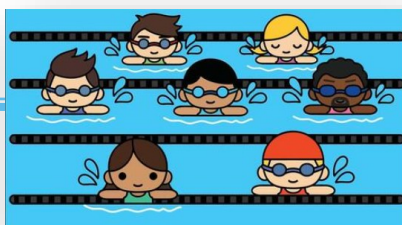
Easter Egg and Medal for everyone attending

10am - 3pm

YEAR 2

SWIM MEETING

Friday, 20th March at 9.00am





WEAR A HAT DAY

WEDNESDAY, 25TH MARCH

We are pleased to be supporting **Wear a Hat Day** at school. This fun and engaging awareness event helps raise awareness for brain tumour research and supports those affected by brain tumours.

Children are invited to come to school wearing a hat of any shape, size or style. If they would like to get creative, they are also very welcome to make their own hat at home – for example an Easter bonnet or another imaginative design.

By taking part, we can come together as a school community, have some fun, and help make a meaningful difference. We look forward to seeing all the fantastic hats the children create!

If you would like to make a donation to Brain Tumour Research, please see the link below:

[Donate now](#)



REMINDER—LOTS OF SOCKS DAY

FRIDAY, 20TH MARCH

Don't forget to wear your brightest most colourful socks, either as a pair or mismatched!



ROCKSTEADY CONCERT

Monday, 23rd March at 2.00pm



REMINDER: PARENTS' EVENING

Don't forget parents' evenings on Thursday, 19th March or Tuesday, 24th March from 4.30-7.30pm. Only children from Year 6 are invited to these appointments, **we are unable to accommodate children from other year groups or siblings under school age** at these meetings or at the school.

Thank you.

HOUSE POINT LEADERS

This week's joint winners are.....

Green Hedg ehogs 

Blue Badgers 

REMINDER: The House that wins the House Cup for the greatest number of weeks each term will enjoy a non-uniform day in the final week of term. The children should wear an item of clothing in their house colour!

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about STREAMING SERVICES

WHAT ARE THE RISKS?

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching come a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some tv shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

SET TIME RESTRICTIONS

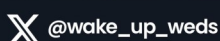
Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



See full reference list on our website



Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.03.2026

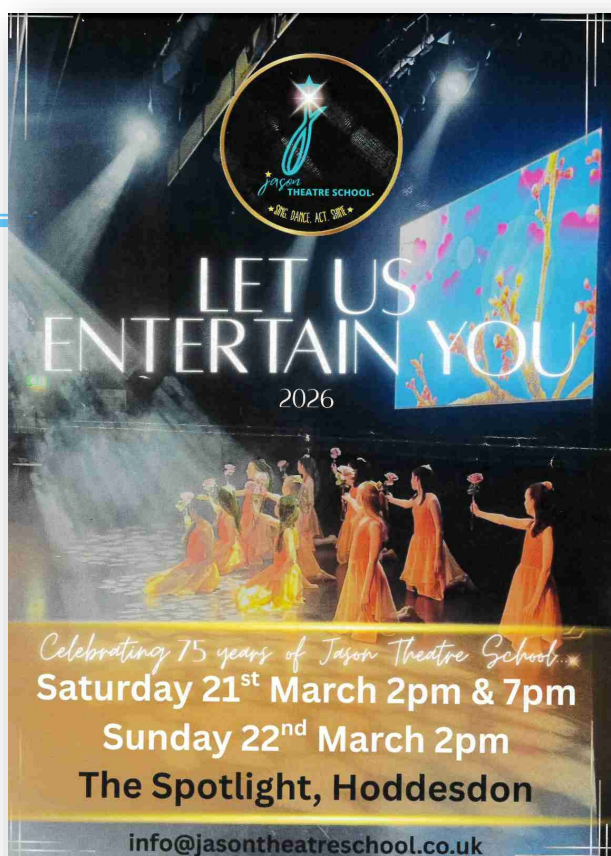


PROUD TO SUPPORT OUR YOUNG PERFORMERS

We are delighted to share that a number of our children are taking part in a production at The Spotlight theatre during the Easter period.

It is wonderful to see our children getting involved in the performing arts and showing their talents on stage. If you would like to go along and support them, I am sure it would be greatly appreciated.

We wish all of the children involved the very best of luck with their performances!



ADVANCE NOTICE—DISTRICT SPORTS TEAM TRIALS

Any children in Years 3 to 6 who would like to try out for the District Sports Team should attend a competitive training session on Wednesday 15th April from 3.00–4.00pm.

Please ensure that children have their PE kit and trainers in school on this day if they wish to take part.



A VISIT FROM THE MAYOR

We were delighted to welcome the Mayor to school this week to celebrate the achievements of 4 of our Year 5 children. The children recently had their book reviews published in First News, a fantastic accomplishment that showcases both their enthusiasm for reading and their excellent writing skills.

To recognise this achievement, the Mayor kindly presented each child with a framed copy of their published review as a special memento. The children spoke confidently about the books they had read and were very proud to see their work recognised in this way.

We are incredibly proud of their success and hope it inspires even more of our young readers and writers to share their love of books. Well done, Aerin, Charlie, Fabi and Raffy!

